

78321 Nutrition Services: Menus

(a)

Meals shall consist of a variety of food and shall be planned with consideration for medical needs, cultural and religious background and food habits and age of each participant served.

(b)

Between meal nourishments shall consist of but not be limited to a beverage and either fruits, vegetables or a grain product such as crackers, cookies or bread.

(c)

Menus for all meals, between meal nourishments, and for therapeutic diets shall be written one week in advance, approved by a dietitian and posted in the kitchen. Menus shall be available for review by each participant served or the participant's designated representative. (1) If any meal or between meal nourishment varies from the planned menu, the change shall be noted in writing on the menu posted in the kitchen. (2) A copy of the menu as served shall be kept on file for at least 30 days.

(1)

If any meal or between meal nourishment varies from the planned menu, the change shall be noted in writing on the menu posted in the kitchen.

(2)

A copy of the menu as served shall be kept on file for at least 30 days.

(d)

Itemized records of foods purchased shall be kept for one year and available for review by the Department. Food purchase invoices are acceptable provided they list amounts of specific foods.